

Child's Name _____

Birthdate _____

Infant Information Sheet

The following informational sheet can be filled out and or included in the first few pages of your infant's journal. A journal is a blank book that you write in at home and then bring to school with your child in the morning. In this journal we keep track of individual eating, sleeping and diapering schedules as well as a daily anecdotal about your infant's day. Please read through the journal each night as we may also include any needed items.

Sleeping habits

Please describe your child's sleeping pattern: _____

How do you put your child to sleep at home? (Please circle all that apply)

Rock to sleep

Lay in crib

Swing

Pacifier

Music

Lights on

Is your child a light sleeper? _____ Heavy Sleeper?

Feeding Habits

What type of milk or formula do you use? _____

What is your child's feeding schedule?

Feeding time _____ Amount _____ Snack time _____ Amount _____

Feeding time _____ Amount _____ Snack time _____ Amount _____

Feeding time _____ Amount _____

Does your child spit up after bottle/breast feeding (sometime, often, rarely, explain)

What do you mix your child's cereal with? Approximately how much cereal and how much milk?_____

Diapering Procedure

How often does your child have a bowel movement?_____

Is it _____loose _____normal _____soft _____hard

Is your child prone to rashes? If so, what do you use to treat?_____

Parent Signature_____ Date_____